

# AUGUST 2019 INFANT LUNCH MENU 1130-0001

6-12 months

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Breast Milk or iron-fortified formula Ground Turkey Breast Mashed Potatoes Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Peas Pears
5	6	7	8	9
Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	Breast Milk or iron-fortified formula Pinto Beans Peas Mixed Fruit	Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Bananas	Breast Milk or iron-fortified formula Ground Turkey Breast Mashed Potatoes Peaches	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Yams Applesauce
12	13	14	15	16
Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Peaches	Breast Milk or iron-fortified formula Pinto Beans Cooked Carrots Mixed Fruit	Breast Milk or iron-fortified formula Ground Chicken Breast (Provolone) Broccoli, Pears	Breast Milk or iron-fortified formula Ground Turkey Breast (cut), Green Beans Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) Cooked Carrots Pears
19	20	21	22	23
Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	Breast Milk or iron-fortified formula Black Beans Yams Applesauce	Breast Milk or iron-fortified formula Ground Chicken Breast Cooked Carrots Pears	Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	Breast Milk or iron-fortified formula Mozzarella Cheese Sticks(cut) (Provolone), Broccoli Mixed Fruit
26	27	28	29	30
Breast Milk or iron-fortified formula Ground Turkey Breast Squash Pears	Breast Milk or iron-fortified formula Pinto Beans Yams Bananas	Breast Milk or iron-fortified formula Ground Chicken Breast (Provolone), Cooked Carrots Peaches	EACN CLOSED	EACN CLOSED

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

\*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.